



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
12 AUGUST 2014, TUESDAY (DAY-4)**



(WAG) WARM UP HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM

TRAINING GROUP 1: 0900H - 1130H				
	Vault	U.Bars	Beam	Floor
0900 - 0910	General Warm Up (All)			
0910 - 0945	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI
0945 - 1020	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR
1020 - 1055	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN
1055 - 1130	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN
TRAINING GROUP 2: 1130H - 1400H				
	Vault	U.Bars	Beam	Floor
1130 - 1140	General Warm Up (All)			
1140 - 1215	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA
1215 - 1250	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED
1250 - 1325	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL
1325 - 1400	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN

TRAINING GROUP 1: 1630H - 1800H				
	Vault	U.Bars	Beam	Floor
1630 - 1640	General Warm Up (All)			
1640 - 1700	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI
1700 - 1720	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR
1720 - 1740	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN
1740 - 1800	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN
TRAINING GROUP 2: 1800H - 1930H				
	Vault	U.Bars	Beam	Floor
1800 - 1810	General Warm Up (All)			
1810 - 1830	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA
1830 - 1850	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED
1850 - 1910	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL
1910 - 1930	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
13 AUGUST 2014, WEDNESDAY (DAY-3)**



(WAG) WARM UP HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM

TRAINING GROUP 1: 0900H - 1130H				
	Vault	U.Bars	Beam	Floor
0900 - 0910	General Warm Up (All)			
0910 - 0945	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA
0945 - 1020	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT
1020 - 1055	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB
1055 - 1130	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR
TRAINING GROUP 2: 1130H - 1400H				
	Vault	U.Bars	Beam	Floor
1130 - 1140	General Warm Up (All)			
1140 - 1215	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN
1215 - 1250	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ
1250 - 1325	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY
1325 - 1400	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR

TRAINING GROUP 1: 1630H - 1800H				
	Vault	U.Bars	Beam	Floor
1630 - 1640	General Warm Up (All)			
1640 - 1700	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA
1700 - 1720	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT
1720 - 1740	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR	EGY,SUI, ITA,CHN,UZB
1740 - 1800	EGY,SUI, ITA,CHN,UZB	ARG,CAN, AUT,PHI,QAT	GRE,BEL,GUA, TUN,COL,FRA	TUR,MEX, CZE,POL,BLR
TRAINING GROUP 2: 1800H - 1930H				
	Vault	U.Bars	Beam	Floor
1800 - 1810	General Warm Up (All)			
1810 - 1830	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN
1830 - 1850	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ
1850 - 1910	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR	NZL,BRA, PUR,ALG,CAY
1910 - 1930	NZL,BRA, PUR,ALG,CAY	IRQ,FIN, POR,RSA,KAZ	KOR,HUN,SIN, GBR,PER,JPN	NED,ROU, RUS,GER,NOR

MAG ORIENTATION MEETING

DATE: 13 AUGUST 2014

VENUE: NANJING OLYMPIC SPORTS CENTRE GYMNASIUM (ROOM 4026)

TIME: 19:00 - 20:00



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
14 AUGUST 2014, THURSDAY (DAY-2)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL									
TRAINING GROUP 1: 0900H - 1130H					TRAINING GROUP 1: 1630H - 1800H				
	Vault	U.Bars	Beam	Floor		Vault	U.Bars	Beam	Floor
0900 - 0910	General Warm Up (All)				1630 - 1640	General Warm Up (All)			
0910 - 0945	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA	1640 - 1700	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA
0945 - 1020	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR	1700 - 1720	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR
1020 - 1055	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS	1720 - 1740	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN	COL,FRA, NED,ROU,RUS
1055 - 1130	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN	1740 - 1800	COL,FRA, NED,ROU,RUS	GER,NOR, NZL,BRA,PUR	ALG,CAY,IRQ, FIN,POR,RSA	QAT,GRE, BEL,GUA,TUN
TRAINING GROUP 2: 1130H - 1400H					TRAINING GROUP 2: 1800H - 1930H				
	Vault	U.Bars	Beam	Floor		Vault	U.Bars	Beam	Floor
1130 - 1140	General Warm Up (All)				1800 - 1810	General Warm Up (All)			
1140 - 1215	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI	1810 - 1830	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI
1215 - 1250	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA	1830 - 1850	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA
1250 - 1325	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE	1850 - 1910	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR	PER,JPN, TUR,MEX,CZE
1325 - 1400	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR	1910 - 1930	PER,JPN, TUR,MEX,CZE	POL,BLR, EGY,SUI,ITA	CHN,UZB,ARG, CAN,AUT,PHI	KAZ,KOR, HUN,SIN,GBR

WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
15 AUGUST 2014, FRIDAY (DAY-1)



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
0900H - 1000H				
	Vault	U.Bars	Beam	Floor
0900 - 1000	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 3: 1000H - 1130H				
	Vault	U.Bars	Beam	Floor
1000 - 1010	General Warm Up (All)			
1010 - 1030	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		
1030 - 1050		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
1050 - 1110			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
1110 - 1130	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
1130H - 1700H				
	Vault	U.Bars	Beam	Floor
1130 - 1700	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 1: 1700H - 1830H				
	Vault	U.Bars	Beam	Floor
1700 - 1710	General Warm Up (All)			
1710 - 1730	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		
1730 - 1750		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
1750 - 1810			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1810 - 1830	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1830H - 2030H				
	Vault	U.Bars	Beam	Floor
1830 - 2030	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 2: 2030H - 2200H				
	Vault	U.Bars	Beam	Floor
2030 - 2040	General Warm Up (All)			
2040 - 2100	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		
2100 - 2120		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
2120 - 2140			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
2140 - 2200	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI



**WOMEN'S ARTISTIC GYMNASTICS
PODIUM TRAINING
15 AUGUST 2014, FRIDAY (DAY-1)**



(WAG) WARM UP - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
SUBDIVISION 1: 0920H - 1050H				
	Vault	U.Bars	Beam	Floor
0920 - 0930	General Warm Up (All)			
0930 - 0950		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
0950 - 1010			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1010 - 1030	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1030 - 1050	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		

SUBDIVISION 2: 1250H - 1420H				
	Vault	U.Bars	Beam	Floor
1250 - 1300	General Warm Up (All)			
1300 - 1320		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
1320 - 1340			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
1340 - 1400	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI
1400 - 1420	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		

SUBDIVISION 3: 1620H -1750H				
	Vault	U.Bars	Beam	Floor
1620 - 1630	General Warm Up (All)			
1630 - 1650		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
1650 - 1710			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
1710 - 1730	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
1730 - 1750	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		

(WAG) PODIUM - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
SUBDIVISION 1: 1100H - 1300H				
	Vault	U.Bars	Beam	Floor
1100	March In			
1100 - 1130	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		
1130 - 1200		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
1200 - 1230			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1230 - 1300	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1300	March Out			
SUBDIVISION 2: 1430H - 1630H				
	Vault	U.Bars	Beam	Floor
1430	March In			
1430 - 1500	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		
1500 - 1530		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
1530 - 1600			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
1600 - 1630	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI
1630	March Out			
SUBDIVISION 3: 1800H -2000H				
	Vault	U.Bars	Beam	Floor
1800	March In			
1800 - 1830	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		
1830 - 1900		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
1900 - 1930			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
1930 - 2000	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
2000	March Out			



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
16 AUGUST 2014, SATURDAY (DAY 0)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
TRAINING GROUP 1: 0900H - 1050H				
	Vault	U.Bars	Beam	Floor
09:00-09:10	General Warm Up (All)			
0910 - 0935	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI
0935 - 1000	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR
1000 - 1025	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN
1025 - 1050	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN
TRAINING GROUP 2: 1040H - 1230H				
	Vault	U.Bars	Beam	Floor
1040 - 1050	General Warm Up (All)			
1050 - 1115	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA
1115 - 1040	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED
1140 - 1205	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL
1205 - 1230	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN
YOUTH OLYMPIC GAMES OPENING CEREMONY				



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
17 AUGUST 2014, SUNDAY (DAY 1)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL									
TRAINING GROUP 1: 0900H - 1130H					TRAINING GROUP 1: 1630H - 1800H				
	Vault	U.Bars	Beam	Floor		Vault	U.Bars	Beam	Floor
0900 - 0910	General Warm Up (All)				1630 - 1640	General Warm Up (All)			
0910 - 0945	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	1640 - 1700	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI
0945 - 1020	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	1700 - 1720	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR
1020 - 1055	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN	1720 - 1740	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	POR,RSA, KAZ,KOR,HUN
1055 - 1130	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN	1740 - 1800	POR,RSA, KAZ,KOR,HUN	SIN,GBR, PER,JPN,TUR	MEX,CZE,POL, BLR,EGY,SUI	PUR,ALG, CAY,IRQ,FIN
TRAINING GROUP 2: 1130H - 1400H					TRAINING GROUP 2: 1800H - 1930H				
	Vault	U.Bars	Beam	Floor		Vault	U.Bars	Beam	Floor
1130 - 1140	General Warm Up (All)				1800 - 1810	General Warm Up (All)			
1140 - 1215	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	1810 - 1830	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA
1215 - 1250	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	1830 - 1850	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED
1250 - 1325	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL	1850 - 1910	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	AUT,PHI, QAT,GRE,BEL
1325 - 1400	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN	1910 - 1930	AUT,PHI, QAT,GRE,BEL	GUA,TUN, COL,FRA,NED	ROU,RUS,GER, NOR,NZL,BRA	ITA,CHN, UZB,ARG,CAN



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
18 AUGUST 2014, MONDAY (DAY 2)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
0900H - 1000H				
	Vault	U.Bars	Beam	Floor
0900 - 1000	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 3: 1000H - 1130H				
	Vault	U.Bars	Beam	Floor
1000 - 1010	General Warm Up (All)			
1010 - 1030	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		
1030 - 1050		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
1050 - 1110			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
1110 - 1130	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
1130H - 1700H				
	Vault	U.Bars	Beam	Floor
1130 - 1700	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 1: 1700H - 1830H				
	Vault	U.Bars	Beam	Floor
1700 - 1710	General Warm Up (All)			
1710 - 1730	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		
1730 - 1750		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
1750 - 1810			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1810 - 1830	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1830H - 2030H				
	Vault	U.Bars	Beam	Floor
1830 - 2030	OPEN TRAINING FOR WAG GYMNASTS BEFORE / AFTER PODIUM TRAINING			
SUBDIVISION 2: 2030H - 2200H				
	Vault	U.Bars	Beam	Floor
2030 - 2040	General Warm Up (All)			
2040 - 2100	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		
2100 - 2120		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
2120 - 2140			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
2140 - 2200	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI



**WOMEN'S ARTISTIC GYMNASTICS
COMPETITION SCHEDULE
18 AUGUST 2014, MONDAY (DAY 2)**



(WAG) WARM UP - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
SUBDIVISION 1: 0920H - 1050H				
	Vault	U.Bars	Beam	Floor
0920 - 0930	General Warm Up (All)			
0930 - 0950		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
0950 - 1010			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1010 - 1030	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1030 - 1050	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		

SUBDIVISION 2: 1250H - 1420H				
	Vault	U.Bars	Beam	Floor
1250 - 1300	General Warm Up (All)			
1300 - 1320		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
1320 - 1340			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
1340 - 1400	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI
1400 - 1420	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		

SUBDIVISION 3: 1720H -1850H				
	Vault	U.Bars	Beam	Floor
1720 - 1730	General Warm Up (All)			
1730 - 1750		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
1750 - 1810			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
1810 - 1830	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
1830 - 1850	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		

(WAG) PODIUM - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
SUBDIVISION 1: 1100H - 1300H				
	Vault	U.Bars	Beam	Floor
1100	March In			
1100 - 1130	PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN		
1130 - 1200		PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN	
1200 - 1230			PUR,ALG,CAY, IRQ,FIN,POR,RSA	KAZ,KOR,HUN, SIN,GBR,PER,JPN
1230 - 1300	KAZ,KOR,HUN, SIN,GBR,PER,JPN			PUR,ALG,CAY, IRQ,FIN,POR,RSA
1300	March Out			
SUBDIVISION 2: 1430H - 1630H				
	Vault	U.Bars	Beam	Floor
1430	March In			
1430 - 1500	TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI		
1500 - 1530		TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI	
1530 - 1600			TUR,MEX,CZE, POL,BLR,EGY,SUI	ITA,CHN,UZB, ARG,CAN,AUT,PHI
1600 - 1630	ITA,CHN,UZB, ARG,CAN,AUT,PHI			TUR,MEX,CZE, POL,BLR,EGY,SUI
1630	March Out			
SUBDIVISION 3: 1900H -2100H				
	Vault	U.Bars	Beam	Floor
1900	March In			
1900 - 1930	QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA		
1930 - 2000		QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA	
2000 - 2030			QAT,GRE,BEL, GUA,TUN,COL,FRA	NED,ROU,RUS, GER,NOR,NZL,BRA
2030 - 2100	NED,ROU,RUS, GER,NOR,NZL,BRA			QAT,GRE,BEL, GUA,TUN,COL,FRA
2100	March Out			



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
19 AUGUST 2014, TUESDAY (DAY 3)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
ALL-AROUND FINAL QUALIFIERS 0930H - 1100H				
	Vault	U.Bars	Beam	Floor
0930 - 0940	General Warm Up (All)			
0940 - 1000	3,2,1,6,5	4,9,8,7,19,20	12,11,10,15,14	13,18,17,16, 21, 22
1000 - 1020	18,17,16, 21,22,13	2,1,6,5,3	9,8,7,19,20,4	11,10,15,14,12
1020 - 1040	10,15,14,12,11	17,16, 21,22,13,18	1,6,5,3,2	8,7,19,20,4,9
1040 - 1100	7,19,20,4,9,8	15,14,12,11,10	16, 21,22,13,18,17	6,5,3,2,1
APPARATUS FINAL QUALIFIERS 1100H - 1330H				
	Vault	U.Bars	Beam	Floor
1100 - 1330	1,2,3,4,5,6,7,8,9,10,11			
ALL-AROUND FINAL QUALIFIERS 1500H - 1730H				
	Vault	U.Bars	Beam	Floor
1500 - 1510	General Warm Up (All)			
1510 - 1545	3,2,1,6,5	4,9,8,7,19,20	12,11,10,15,14	13,18,17,16, 21, 22
1545 - 1620	18,17,16, 21,22,13	2,1,6,5,3	9,8,7,19,20,4	11,10,15,14,12
1620 - 1655	10,15,14,12,11	17,16, 21,22,13,18	1,6,5,3,2	8,7,19,20,4,9
1655 - 1730	7,19,20,4,9,8	15,14,12,11,10	16, 21,22,13,18,17	6,5,3,2,1
APPARATUS FINAL QUALIFIERS 1730H - 1900H				
	Vault	U.Bars	Beam	Floor
1730 - 1900	1,2,3,4,5,6,7,8,9,10,11			



WOMEN'S ARTISTIC GYMNASTICS TRAINING SCHEDULE

20 AUGUST 2014, WEDNESDAY (DAY 4)



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
ALL-AROUND FINAL QUALIFIERS 0930H - 1100H				
	Vault	U.Bars	Beam	Floor
0930 - 0940	General Warm Up (All)			
0940 - 1000	3,2,1,6,5	4,9,8,7,19,20	12,11,10,15,14	13,18,17,16, 21, 22
1000 - 1020	18,17,16, 21,22,13	2,1,6,5,3	9,8,7,19,20,4	11,10,15,14,12
1020 - 1040	10,15,14,12,11	17,16, 21,22,13,18	1,6,5,3,2	8,7,19,20,4,9
1040 - 1100	7,19,20,4,9,8	15,14,12,11,10	16, 21,22,13,18,17	6,5,3,2,1
APPARATUS FINAL QUALIFIERS 1100H - 1330H				
	Vault	U.Bars	Beam	Floor
1100 - 1330	1,2,3,4,5,6,7,8,9,10,11			
OPEN TRAINING - OTHERS 1600H - 1810H				
	Vault	U.Bars	Beam	Floor
1600 - 1810	OPEN TRAINING FOR WAG GYMNASTS DURING ALL-AROUND FINAL			
APPARATUS FINAL QUALIFIERS 1730H - 1900H				
	Vault	U.Bars	Beam	Floor
1730 - 1900	1,2,3,4,5,6,7,8,9,10,11			



**WOMEN'S ARTISTIC GYMNASTICS
COMPETITION SCHEDULE
20 AUGUST 2014, WEDNESDAY (DAY 4)**



(WAG) WARM UP HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
WOMEN'S ALL-AROUND FINAL 1635H - 1845H				WARM UP
	Vault	U.Bars	Beam	Floor
1635 - 1645	General Warm Up (All)			
1645 - 1715	19,20, 21,22	3,2,1,6,5, 4,9,8,7	12,11,10,15,14, 13,18,17,16	
1715 - 1745		19,20, 21,22	2,1,6,5,4, 9,8,7,3	11,10,15,14,13, 18,17,16,12
1745 - 1815	10,15,14,13,18, 17,16,12,11		19,20, 21,22	1,6,5,4,9, 8,7,3,2
1815 - 1845	6,5,4,9,8, 7,3,2,1	15,14,13,18,17, 16,12,11,10		19,20, 21,22
(WAG) IAA - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM				
WOMEN'S ALL-AROUND FINAL 1900H - 2130H				COMPETITION
	Vault	U.Bars	Beam	Floor
1900	March In			
1900 - 1937	3,2,1,6,5, 4,9,8,7	12,11,10,15,14, 13,18,17,16		
1937 - 2014		2,1,6,5,4, 9,8,7,3	11,10,15,14,13, 18,17,16,12	
2014 - 2051			1,6,5,4,9, 8,7,3,2	10,15,14,13,18, 17,16,12,11
2051 - 2128	15,14,13,18,17, 16,12,11,10			6,5,4,9,8, 7,3,2,1
2128	March Out			
2130	Award Ceremony			



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
21 AUGUST 2014, THURSDAY (DAY 5)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
APPARATUS FINAL QUALIFIERS 0930H - 1200H				
	Vault	U.Bars	Beam	Floor
0930 - 1200	1,2,3,4,5,6,7,8,9,10,11			
OPEN TRAINING - OTHERS 1300H - 1530H				
	Vault	U.Bars	Beam	Floor
1300 - 1530	OPEN TRAINING			
APPARATUS FINAL QUALIFIERS 1700H - 1830H				
	Vault	U.Bars	Beam	Floor
1700 - 1830	1,2,3,4,5,6,7,8,9,10,11			



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
22 AUGUST 2014, FRIDAY (DAY 6)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
APPARATUS FINAL QUALIFIERS 0930H - 1200H				
	Vault	U.Bars	Beam	Floor
0930 - 1200	1,2,3,4,5,6,7,8,9,10,11			
OPEN TRAINING - OTHERS 1300H - 1530H				
	Vault	U.Bars	Beam	Floor
1300 - 1530	OPEN TRAINING			
APPARATUS FINAL QUALIFIERS 1700H - 1830H				
	Vault	U.Bars	Beam	Floor
1700 - 1830	1,2,3,4,5,6,7,8,9,10,11			



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
23 AUGUST 2014, SATURDAY (DAY 7)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
APPARATUS FINAL QUALIFIERS 0930H - 1200H				
	Vault	U.Bars	Beam	Floor
0930 - 1200	1,2,3,4,5,6,7,8,9,10,11			
OPEN TRAINING - OTHERS 1300H - 1530H				
	Vault	U.Bars	Beam	Floor
1300 - 1530	OPEN TRAINING FOR NON-COMPETITORS			
APPARATUS FINAL QUALIFIERS 1700H - 1830H				
	Vault	U.Bars	Beam	Floor
1700 - 1830			1,2,3,4,5,6,7,8,9,10,11	



**WOMEN'S ARTISTIC GYMNASTICS
COMPETITION SCHEDULE
23 AUGUST 2014, SATURDAY (DAY 7)**



(WAG) WARM UP HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM		
WOMEN'S APPARATUS FINAL		WARM UP
0930 - 1915	Vault	Free Training 1,2,3,4,5,6,7,8,9,10,11
0930 - 2030	U. Bars	Free Training 1,2,3,4,5,6,7,8,9,10,11
(WAG) COMPETITION HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM		
WOMEN'S APPARATUS FINAL		WARM UP
1730 - 1830	Vault	Free Training on Podium 1,2,3,4,5,6,7,8,9,10,11
1730 - 1830	U. Bars	Free Training on Podium 1,2,3,4,5,6,7,8,9,10,11
WOMEN'S APPARATUS FINAL		COMPETITION
1925 - 1955	Vault	1,2,3,4,5,6,7,8
1955	Award Ceremony Vault	
2040 - 2105	U. Bars	1,2,3,4,5,6,7,8
2130	Award Ceremony U. Bars	



**WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
24 AUGUST 2014, SUNDAY (DAY 8)**



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
APPARATUS FINAL QUALIFIERS 0930H - 1200H				
	Vault	U.Bars	Beam	Floor
0930 - 1200			1,2,3,4,5,6,7,8,9,10,11	
OPEN TRAINING - OTHERS 1300H - 1530H				
	Vault	U.Bars	Beam	Floor
1300 - 1530	OPEN TRAINING FOR NON-COMPETITORS			
OPEN TRAINING - OTHERS 1700H - 1930H				
	Vault	U.Bars	Beam	Floor
1700 - 1930	OPEN TRAINING FOR NON-COMPETITORS			



**WOMEN'S ARTISTIC GYMNASTICS
COMPETITION SCHEDULE
24 AUGUST 2014, SUNDAY (DAY 8)**



(WAG) WARM UP HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM		
WOMEN'S APPARATUS FINAL		WARM UP
0930 - 1915	Beam	Free Training 1,2,3,4,5,6,7,8,9,10,11
0930 - 2030	Floor	Free Training 1,2,3,4,5,6,7,8,9,10,11
(WAG) COMPETITION HALL - NANJING OLYMPIC SPORTS CENTRE GYMNASIUM		
WOMEN'S APPARATUS FINAL		WARM UP
1730 - 1830	Beam	Free Training on Podium 1,2,3,4,5,6,7,8,9,10,11
1730 - 1830	Floor	Free Training on Podium 1,2,3,4,5,6,7,8,9,10,11
WOMEN'S APPARATUS FINAL		COMPETITION
1925 - 1955	Beam	1,2,3,4,5,6,7,8
1955	Award Ceremony Beam	
2040 - 2110	Floor	1,2,3,4,5,6,7,8
2135	Award Ceremony Floor	



WOMEN'S ARTISTIC GYMNASTICS
TRAINING SCHEDULE
25-28 AUGUST 2014, (DAYS 9-12)



(WAG) TRAINING HALL - NANJING SPORT INSTITUTE COMPREHENSIVE GYMNASTICS HALL				
POST-COMPETITION TRAINING 0900H - 1200H				
	Vault	U.Bars	Beam	Floor
0900-1200	OPEN TRAINING FOR ALL			